

Transitioning From Hospital to Health System

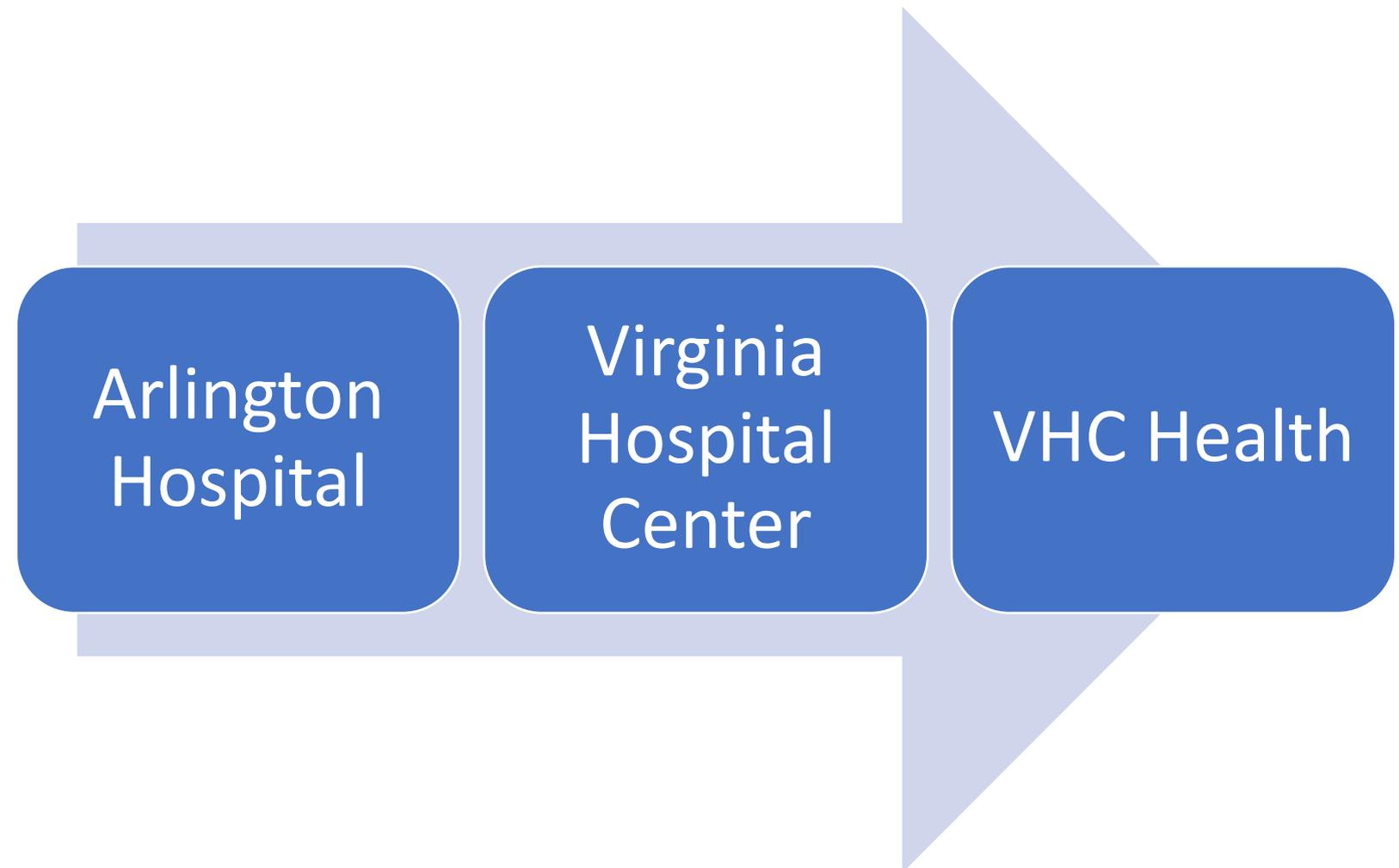
A Projects Perspective



Presented to
Health TechNet
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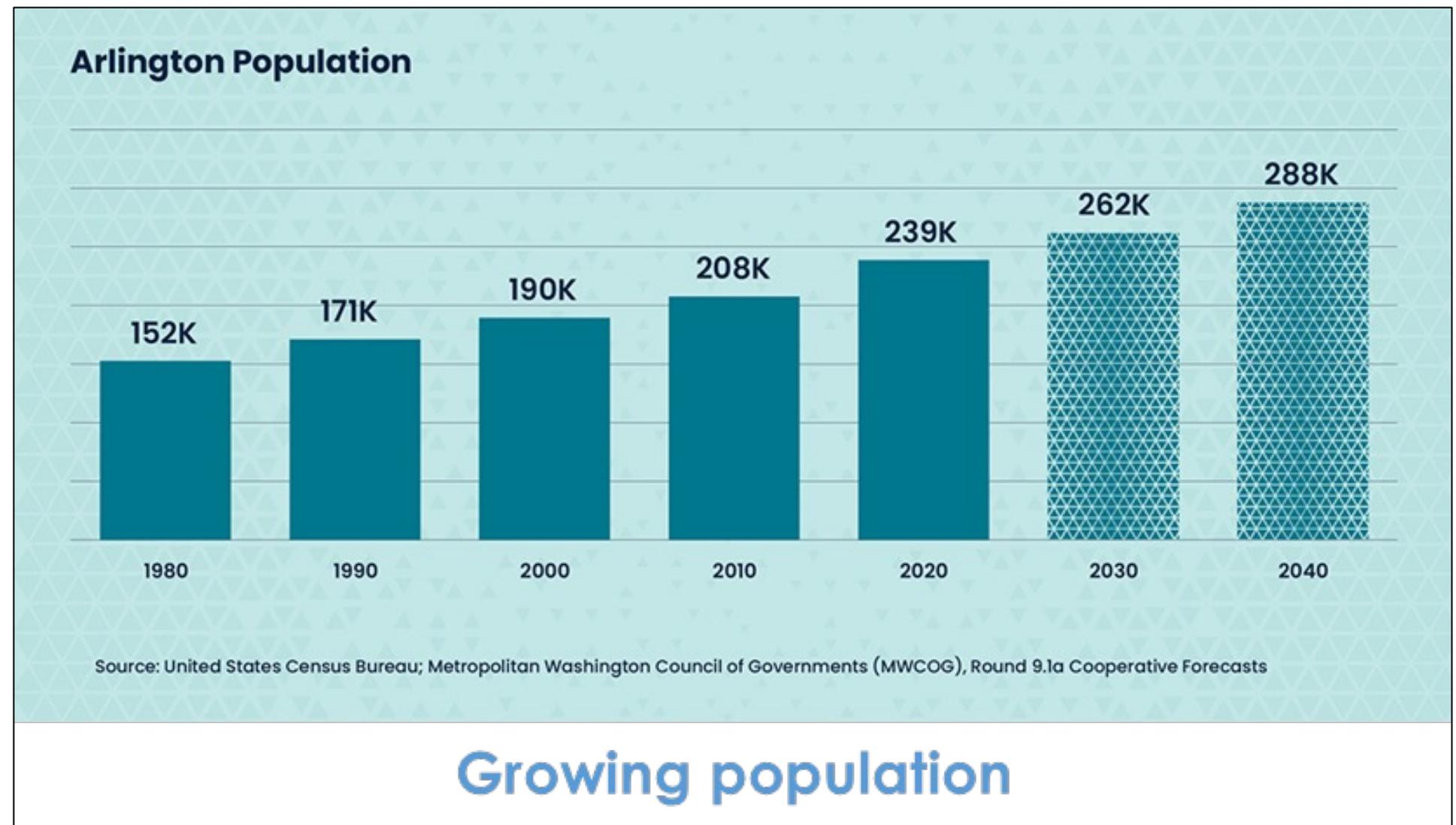
Growing and leading in patient care for over 75 years

- Independent full service acute care health care system



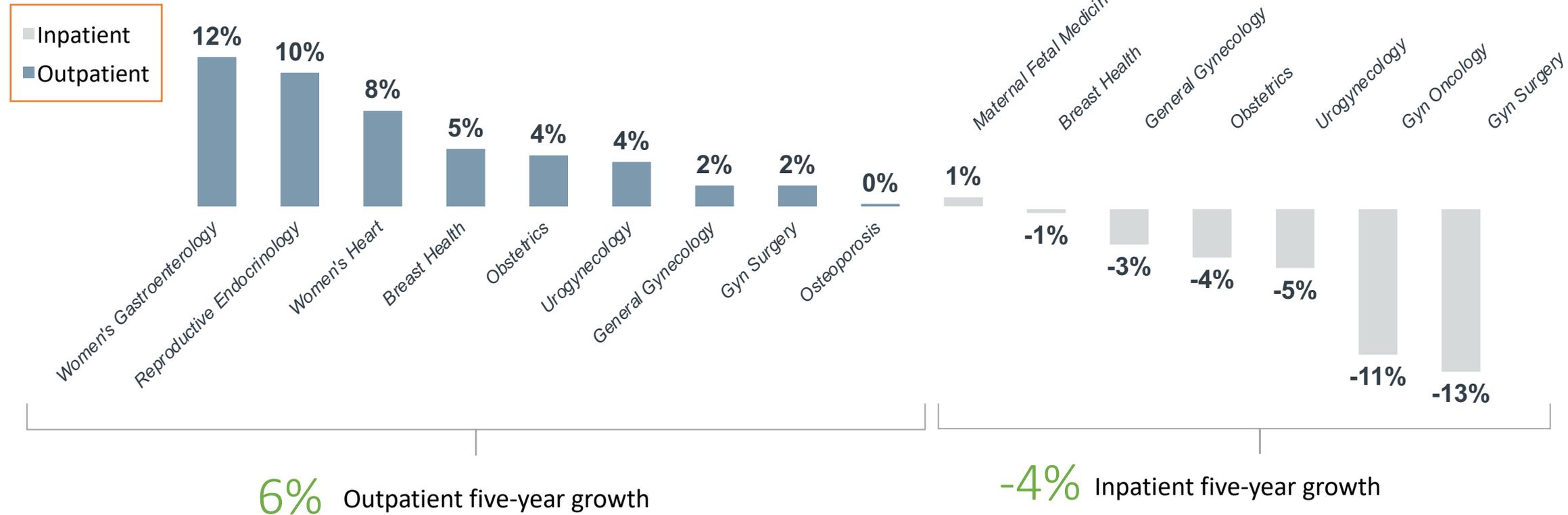
Service area population continues to grow

- Primary service area now includes more than Arlington County
- Falls Church City, Fairfax County and Loudoun County are also growing



Core inpatient services moving to outpatient care

Women's health five-year growth projections, by sub-service line
National estimates, 2019-2024



Systematic strategy vs single hospital strategy

- Integrated services across multiple facilities
- Access to expertise beyond the hospital walls
- Regional service provider
- Care where you live and work

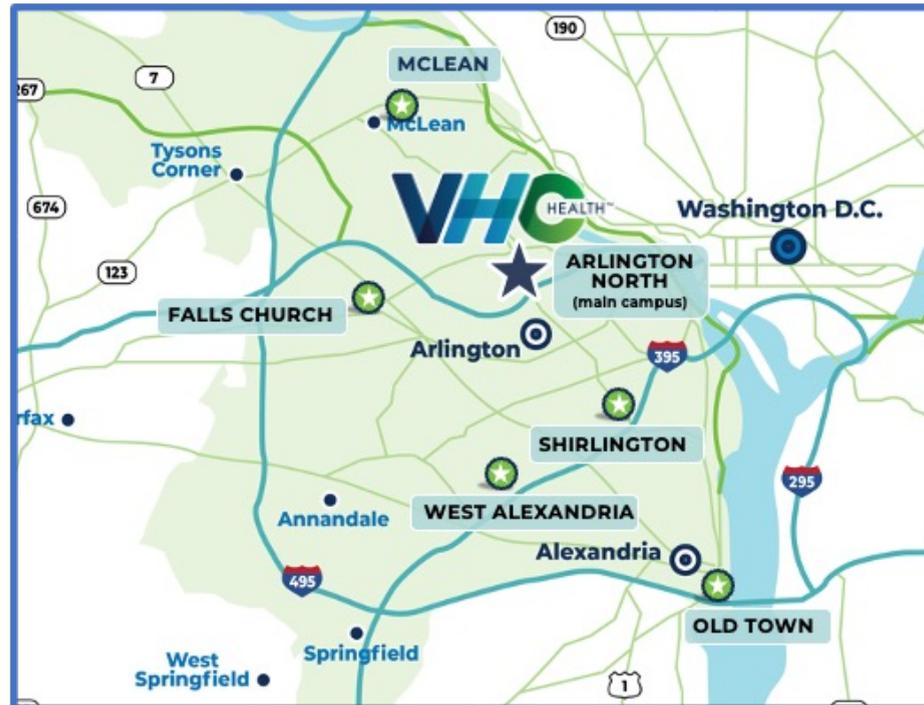
For you. For life.



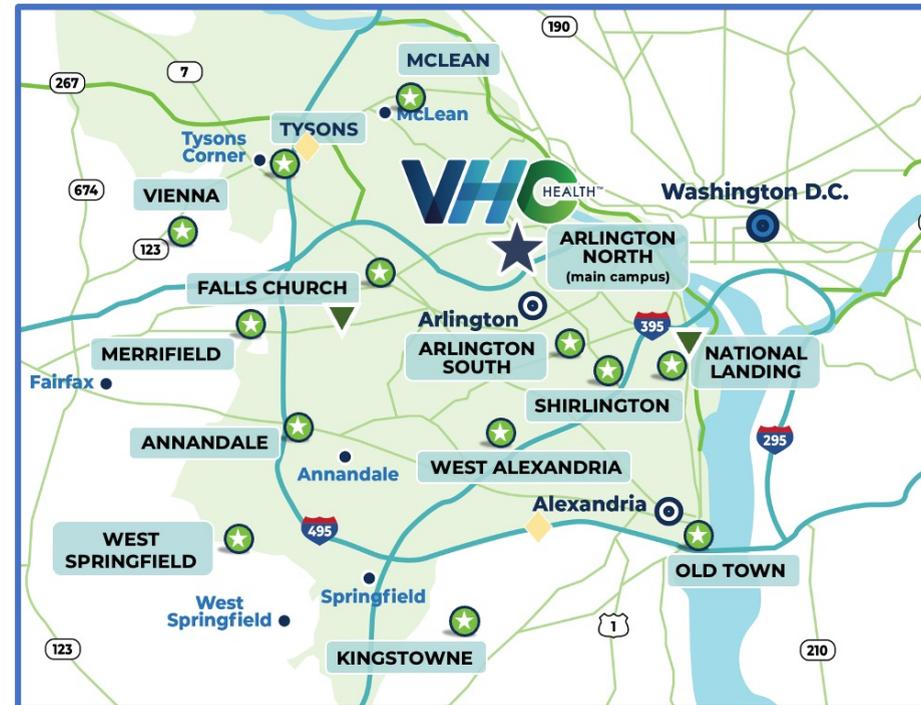
From Virginia Hospital Center to VHC Health



2017 VHC Health Physicians Locations



2023 VHC Health Physicians Locations



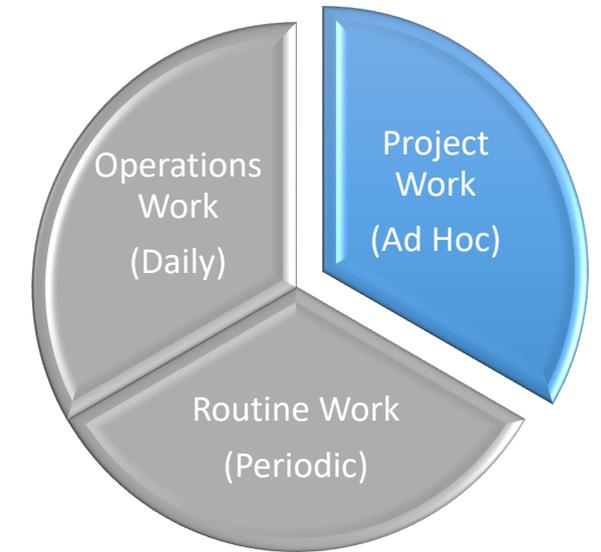
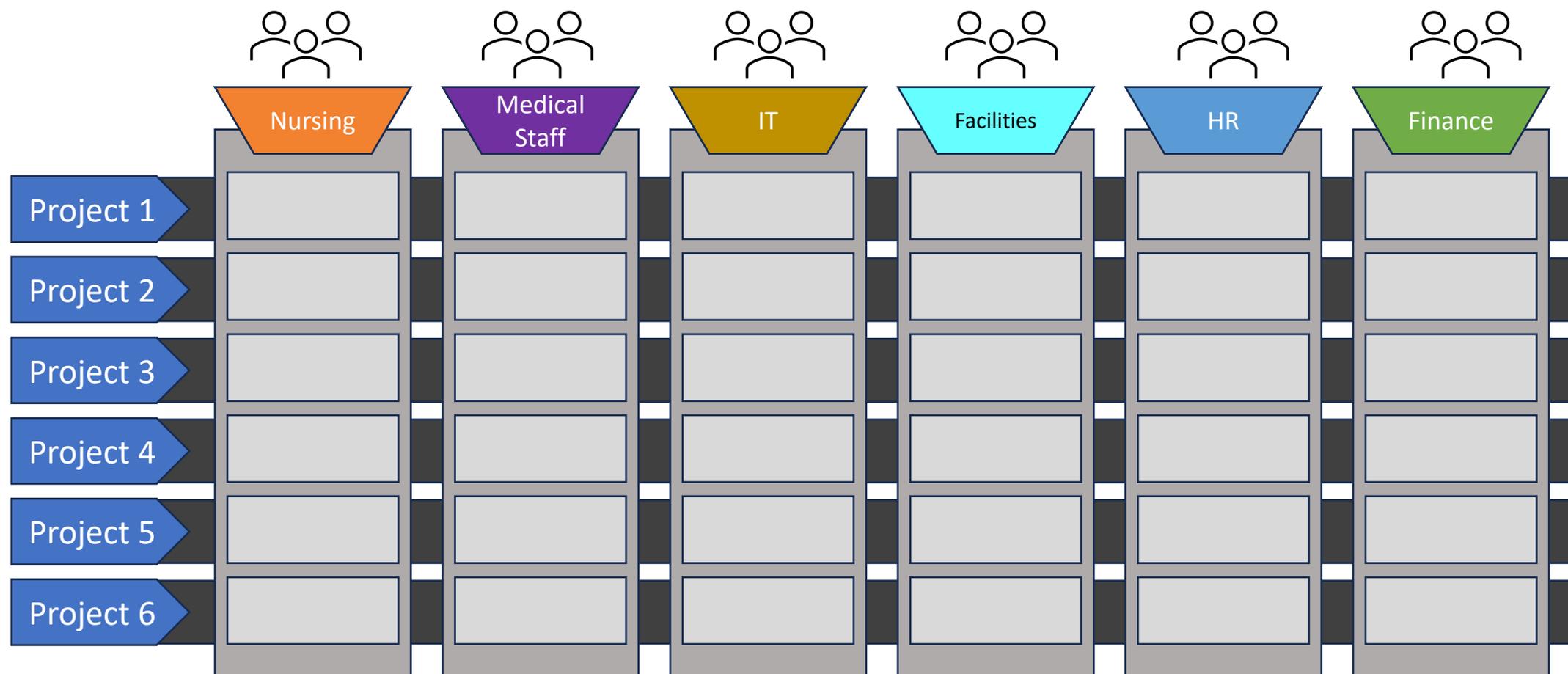
Existing Sites and 5-Year Plan



- VHC Health
- VHC Health Physicians Location
- Surgery Center – Outpatient Hubs
- FSED Potential Sites
- Potential VHC Health Physicians Growth
- ED/ Urgent Care

- In 2017, VHC Health operated 6 sites of care from 6 in 2017 with
- An aggressive 5-year plan will expand coverage to VHC Health’s primary and secondary service areas.
- By 2027, VHC Health will be operating 35 sites of care, a **483% growth in geographic coverage since 2017**.

Hospital to Health System via project completion



A Project Manager compares to an orchestra conductor

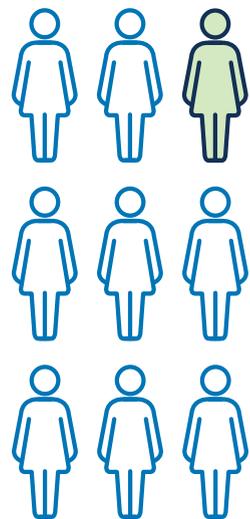
- Leading people with different skills and roles
- Managing alternating contributions
- Responsible for timing, quality, and communication
- Producing a single outcome



Example: VHC Health Women's Health Center

Women's Healthcare Challenges Are Unique

Women are often responsible for managing the healthcare needs of their families, making it important to have **access** to centralized and convenient healthcare services.



One in Nine

U.S. women of reproductive age are affected by **endometriosis**.

That's over **4,000,000** individuals.

6 out of 10 instances of endometriosis is going undetected.

367%

INCREASE

The rate of **opioid use** disorder at delivery increased 367% from 1999 to 2019.

7%

INCREASE

The national **preterm birth rate** increased 7% from 2014 to 2019.

65.8%

OF MATERNAL DEATHS

Two out of three **maternal deaths** in the nation are **deemed to be preventable**.

152%

INCREASE

The rate of hospitalized newborns with **neonatal abstinence syndrome** increased 152% from 2009 to 2017.

Example: VHC Health Women's Health Center

The Solution is a **Women's Health Center**

- Better outcomes in women's health leads to better health for the entire family
- The Outpatient Pavilion allows VHC Health to offer a continuum of coordinated, comprehensive services in one convenient location
- 5th floor contains 22,000 square feet dedicated to women's healthcare
- Design started in November 2022





Designed by **Women for Women**

OB/GYN
MFM
Urogynecology
Breast Health
Gyn Oncology



- Lab
- Genetic Counseling
- Clinic Space
- Community Spaces
- Lactation Room

Related Pavilion Services

Cardiology / Primary Care / Rehab Therapies (Pelvic Floor) / Women's Imaging / Gyn Surgery / Plastics

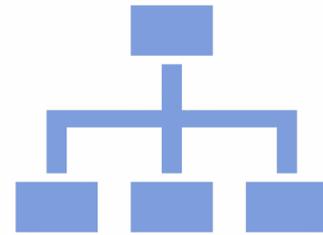
Challenges arise when a projects focus is new



Bench depth



Bandwidth



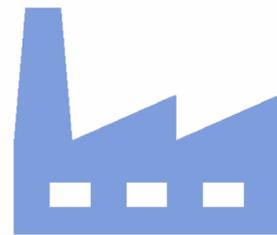
Traditional
organizational
hierarchy



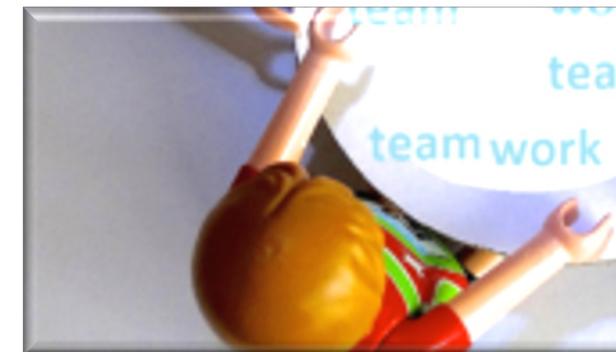
Trusting the
process



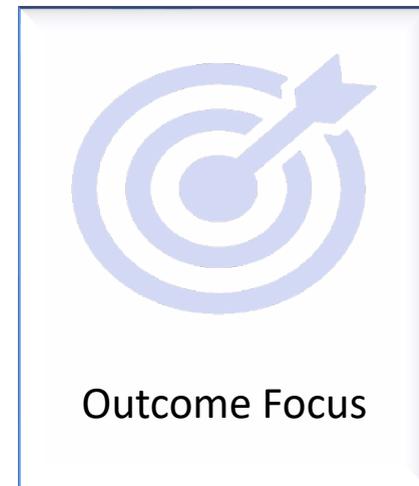
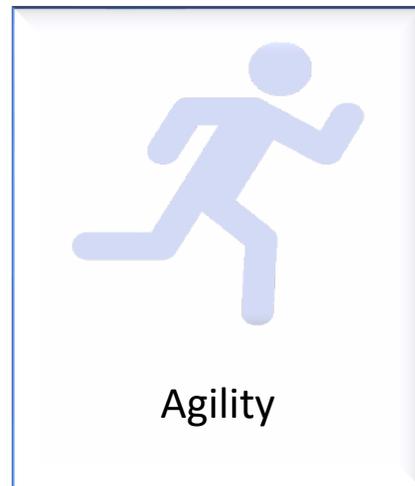
Managing the
momentum



Working in
production



A projects focus produces opportunities for high performance



Thank you

